

"quality food from laid back dudes"



DINE IN
GOURMET FOOD TO GO
CHEFS FOR HIRE

Open 7 Days a Week 11:30 - 2

Seashore Shops • M.P. 9
Kill Devil Hills • 252.441.7994
fooddudescfh@yahoo.com

SANDWICHES

Served with Tortilla Chips & Pico de Gallo

- Grilled Chicken Sandwich with avocado salsa and provolone \$7.99
- Fried Chicken Sandwich with spicy mustard and cucumbers \$8.99
- Tuna Sandwich with pineapple-mango salsa (grilled, blackened or with jerk seasoning) \$9.99
- Fried Crab Cake Sandwich with a jalapeno tartar sauce market price
- Pulled Pork BBQ sandwich with island slaw \$7.99
- Grilled Steak and Cheese on ciabatta bread with grilled onions, peppers, mushrooms and a horseradish mayo \$9.99
- Chipotle-Blackbean Veggie Burger on multi-grain bread with cucumers, mixed greens, tomatoes and spicy mustard \$8.99

BURGERS

served with french fries

- Bacon Cheeseburger with pepperjack cheese and avocado salsa \$8.99
- Black-n-Blue - blackened burger with blue cheese and caramelized onions \$8.99
- Cheeseburger \$7.99

(all sandwiches are served with lettuce, tomato & mayo)
sub ff or beans & rice \$1.00 add bacon .75 grilled onion .50

FOR LITTLE DUDES

all served w/ff

- Grilled Cheese \$4.99
- PB&J \$4.99
- Cheese Quesadilla \$4.50
- Chicken Tenders \$5.99

DRINKS

Coke . Diet Coke . Cherry Coke . Mr. Pibb
Sprite . Orange Soda . Root Beer
Vitamin Water . Dasani Bottled Water
Smart Water . Apple Juice . Lemonade
Sweet Tea . Unsweetened Tea

DESSERTS

Change Daily

SIDES

- Dressing 50
- Sour Cream 50
- Avocado Salsa .75
- BBQ Sauce .75
- Pico de Gallo 150

JOIN US FOR SUNDAY BRUNCH
11 am - 3 pm

SOUPS

Soup Du Jour ask your server
made fresh daily

SALADS

House Salad - mixed greens, tomato, cucumber, sweet onions, balsamic vinaigrette \$4.99

Pepper Grilled Salmon, mixed greens, golden pineapple, grilled portabella's, sweet red peppers, sesame ginger vinaigrette finished with chopped peanuts and scallions \$10.99

Blackened Tuna, mixed greens, roasted red peppers, grilled onions, artichoke hearts, oven roasted tomato vinaigrette and feta \$9.99

Grilled Chicken Breast, mixed greens, roasted corn salsa, avocado ranch dressing, and crispy applewood smoked bacon \$8.99

APPETIZERS

Marinated and Grilled Chicken Wings tossed in our buffalo sauce with bleu cheese dressing...ask for em' hot \$8.99

Chili Garlic Shrimp Spring Rolls with a sesame soy dipping sauce \$7.99

Thai Beef Sticks with a cucumber relish and a spicy peanut sauce \$6.99

Nachos - Green Chile Con Queso over blue and white corn tortilla chips with roasted corn salsa, pico de gallo, sour cream and scallions \$6.25

Basket of Fries \$3.99

Chips & Pico De Gallo \$2.50

add cheese sauce...\$2.00 add avocado salsa...\$2.00

Beans & Rice \$3.95

QUESADILLAS AND WRAPS

BBQ Chicken Quesadilla with roasted corn salsa and smoked gouda served with red beans & rice with sour cream \$8.99

Roasted Veggie Quesadilla with monterey jack cheese served with red beans & rice with sour cream \$7.99

Jerk Chicken Wrap with pineapple-mango salsa and mixed greens in a flour tortilla served with chips & pico de gallo \$8.99

Blackened Salmon Wrap with pesto, goat cheese, mixed greens and oven roasted tomato vinaigrette served with chips & pico de gallo \$9.99

Cornmeal Fried Mahi-Mahi Wrap with spinach, bacon, & oven roasted tomato vinaigrette in a flour tortilla served with chips & pico de gallo \$9.99

Southwestern Steak Wrap with gouda, avocado ranch, tomatoes and shredded lettuce served with chips & pico de gallo \$9.99

Pulled Pork Tacos with salsa verde and pepperjack cheese with red beans & rice \$7.99

Marinated Fish Tacos (fried or grilled) served with monterey jack island slaw and red beans & rice \$8.99

DINNERS

Sweet Chili Glazed Tuna with pineapple-mango salsa and jasmine rice \$16.99

Blackened Tuna Toastada with corn salsa, shredded iceberg lettuce, pico de gallo, sour cream and roasted poblano cheese sauce \$15.99

Shrimp Enchiladas with roasted tomatillo sauce served with red beans & rice with sour cream \$14.99

Pan Sauteed Crabcake Dinner with jalapeno tartar, roasted corn salsa and roasted red potatoes market price

Teriyaki Grilled Pork Tenderloin with asian veggie stir fry over jasmine rice \$14.99

BBQ Chicken Breasts topped with baby spinach, corn saute and applewood smoked bacon served with mac-n-cheese pie \$14.99

Cornmeal Fried Mahi-Mahi Dinner with jalapeno tartar sauce, chili lime slaw and waffle fries \$15.99