

## SANDWICHES

CRABCAKE SANDWICH (in season) m.p.

" So much real Crabmeat, it will freak you out !! "

GRILLED FISH SANDWICH (seasonal) m.p.

choose: old-bay / blackened / lite Cajun or lemon-peppered

FRIED FLOUNDER SANDWICH \$6.50

on a kaiser w/ lettuce tomato ( tartar & lemon on the side )

Yellowfin TUNA SALAD Melt \$6.50

w/ lettuce and tomato & melted cheese on multi-grain

BLACK FOREST HAM SANDWICH \$6.50

deli-sliced Ham, melted Swiss cheese, lettuce, tomato mayo and a little dijon mustard on grilled multi grain

SWISS TURKEY MELT \$6.50

Turkey, melted Swiss sheese, lettuce, tomato and mayo on grilled multi-grain

GYROS IN A PITA \$6.50

w/ tomato, cucumber, onion, lettuce & our Tzatziki sauce

FRIED CHICKEN Sandwich \$6.50

fried breastmeat on a kaiser with lettuce, tomato and mayo

GRILLED CHICKEN Sandwich \$6.50

freshly grilled breast on a Kaiser w/ lettuce, tomato & mayo

CAJUN CHICKEN Sandwich \$6.50

Cajun-blackening spices kick it up on a kaiser w/ L,T,Mayo

## 8" OVEN-BAKED SUBS

FRENCH DIP SUB \$7.50

8"French stick well stuffed with seared Roast Beef, grilled onions, melted provolone and a side of au-jus 4 dippin'

CLUB SUB \$7.50

Turkey, Bacon, Ham, lettuce, tomato, mayo, cheese

TURKEY SUB \$7.50

Turkey, Bacon, lettuce, tomato, mayo & melted Swiss

PHILLY CHEESESTEAK SUB \$7.50

seared Roast Beef, onions, green peppers, oven-melted provolone, lettuce, tomato and mayo

## small stuff

Hot Dog 2.25.

Grilled Cheese 2.25

1/4 lb hamburger or cheeseburger 3.50

Chicken Tenders 4 pc. 4.99

Chicken nuggets 6 pc. 2.50

Chicken nuggets 9 pc. 3.50

( Honey Mustard - BBQ - Ranch )

ADD fries 1.99

\*\*\*\*\*

### extras

grilled onions .50

grilled mushrooms 1.00

extra bacon 1.00

extra cheese .50

extra salad dressing sm .25 lg .50

extra sauce .50

extra salsa .50

extra sour cream .50

\*\*\*\*\*

### drinks

#### Fountain Sodas

Coke,DietCoke,Sprite,RootBeer,Mr.Pibb

#### Orangina

orange&tangerine EURO fruit drink!

#### Snapples

various fruit & tea beverages

#### Arizona Teas

various blends of Green Teas

#### Bottled Water = Crystal Geyser

#### Iced Teas

home-brewed - Sweet or Unsweet

# menu

## BUXTON MUNCH COMPANY



LOCATED NEXT TO

The ABC - STORE

(serving groovy food since 1999)

OSPREY SHOPPING CENTER

Highway 12

IN BUXTON

HATTERAS ISLAND

DINE IN OR CARRY OUT

# 995 - 5502

A GROOVY LITTLE PLACE  
WITH A WHOLE LOTTA TASTE!!!

## APPETIZERS

POPCORN SHRIMP	5.50
CLAM STRIPS	5.50
ONION RINGS (1/2 lb )beer-battered	5.50
CHEESESTIX ( 6 ) marinara or ranch	4.99
SWEET POTATO FRIES + cinn.sugar	2.50
EGGROLL + duck or soy	2.50
CHICKEN TENDERS 4 pc w/ dip	4.99
BUFFALO TENDERS 4 pc w/ ranch	5.50
HOME MADE TORTILLA CHIPS	
-small basket with 2 salsas	2.99
-large basket with 4 salsas	5.99
* for each extra salsa ordered - add	.50

## FRESH SALADS



SMALL HOUSE SALAD	3.99
fresh lettuce,tomato,cucumbers,onions,cheddar-jack	
LARGE HOUSE SALAD	5.99
same fresh stuff in a large edible Tortilla bowl	
TOSTADOS SALAD	6.50
lettuce,tomato,beans,rice,cheddar+salsa&sourcream	
CAESAR SALAD	6.50
lettuce,bacon,cheese & killer Caesar dressing	

### " DRESS" up Your salad !!

Add Grilled Chicken	2.99
Add Cajun Chicken	2.99
Add Grilled or Cajun Fish of the day	m.p.

Ranch, Italian, Honey Mustard  
Balsamic Vinaigrette or Raspberry Vinaigrette

## SIDE DISHES

BEANS & RICE ( with sour cream and salsa )	2.50
TORTILLA CHIPS + 1 SALSA ( homemade)	2.50
SWEET POTATO FRIES w/ cinnamon sugar	2.50
FRENCH FRIES	1.99

## well-packed(Gourmet WRAPS!)



ALL wraps have leaf lettuce, tomato, cheddar...and / or...

<b>PRIME RIB AND MUSHROOM WRAP</b>	\$7.25
grill-seared Roast Beef,mushrooms & horse-mayo!	
<b>GREEK GYROS WRAP</b>	\$7.25
Greek Beef,cucumbers,onions,olives & Feta & Tzatziki	
<b>CLUB WRAP</b>	\$7.25
Turkey, lean Ham, Bacon, cheddar & mayo	
<b>SOUTHERN CALIFORNIA WRAP</b>	\$7.25
Lean Turkey w/ avocado,sprouts,cucumber,lettuce & bacon drizzled with our sweet west coast heat ( sweet chili sauce )	

**CRABBY PATTIE WRAP** M.P.  
our Killer Crabcake rolled up with lettuce, tomato, cheddar  
served with fresh lemon & tartar or cocktail sauce

<b>KICKIN' TUNA SALAD WRAP</b>	\$6.75
our yellowfin Tuna-salad, jalapenos, cheddar	
<b>FRIED FLOUNDER WRAP</b>	\$6.75
a lite fillet & cheddar + lemon & tartar on the side	

**CHICKEN RANCH WRAP** \$6.75  
our very own ranch, Chicken breast & cheddar

**TURKEY-BACON-CHEDDAR-RANCH** \$6.75  
with leaf lettuce, tomato & our ranch = Yum-a-licious!!!

**CAESAR WRAP** \$6.75  
with Chicken, Bacon, (no tomato) & splendid Caesar

**CHICKEN AND MUSHROOM WRAP** \$6.75  
juicy grilled mushrooms, ranch, Chicken breast

**FRITTER WRAP** \$6.75  
w/ fried Chicken breast,cheddar,mayo

**CHICKEN BACON RANCH = Michelle's Wrap**  
No tomatoes! Chicken, Bacon, ranch, cheese & lettuce

**ASIAGO PEPPERCORN CHICKEN WRAP** \$6.75  
w/ mushrooms and a killer cheesy peppery sauce

**SESAME PLUM CHICKEN WRAP** \$6.75  
Oriental Plum sauce, rice & black sesame seeds

**HONEY MUSTARD CHICKEN WRAP** \$6.75  
our homemade honey-mustard, honey!

**BASIL PESTO CHICKEN WRAP** \$6.75  
onion & Pesto (=garlic,olive oil,basil,pine nuts,cheeses!)

**BBQ CHICKEN WRAP** \$6.75  
with a classic smokey-BBQ-sauce !

**SPICY THAI CHICKEN WRAP** \$6.75  
lettuce,cheddar,Chicken & rice, spiced up with  
authentic hot "Sriracha" chili pepper sauce

**SPICY RASPBERRY CHICKEN WRAP** \$6.75  
w/ a sweet-heat Island sauce to drive you wild!

**SPICY BUFFALO WRAP** \$6.75  
w/ fried Chicken tenders in our own spicy buffalo sauce

**SPICY RANCHERO WRAP** \$6.75  
tender chicken, salsa, some black beans spicy  
ranchero sauce, lettuce and cheddar jack cheese

## QUESADILLAS

CHEESE QUESADILLA	4.99
chicken and cheese	5.99
shrimp and cheese	6.99
ADD tomato,onions,olives,peppers,mushrooms	.50 ea
black beans, salsa or jalapenos	.50 ea
ADD Bacon or Ham or Pepperoni	1.00
ADD side of Guacamole	1.25
ADD extra salsa or extra sour cream	.50 ea

## BIG BURGERS ( 6 Oz )



please specify your favorite toppings

lettuce, tomato, mayo, pickles, onion, ketchup, mustard

HAMBURGER	4.99
CHEESE BURGER	5.50
SWISS MUSHROOM BURGER	5.99
BACON AND CHEESE BURGER	5.99
BBQ BACON & CHEDDAR BURGER	5.99
BITE ME BURGER	5.99
Cajun burger + jalapenos,provolone,lettuce,tom,mayo,onion	
SALSA BURGER	5.99
Big burger topped with salsa and melted provolone with lettuce and onion on the bun !!	

### smaller BURGERS



1/4 lb Hamburger - or - Cheeseburger	3.50
--------------------------------------	------

## Vegetarian WRAPS



<b>TOTALLY VEGGIE WRAP</b>	6.75
Chefs choice of seasonal veggies such as sprouts,beans, cucumbers,onions,tomato,lettuce,olives,peppers,corn,...etc. bathed in balsamic vinaigrette	
<b>HIPPY CHICK HUMMUS WRAP</b>	6.50
lettuce, black beans, roasted red pepper hummus, rice, tomato, cheddar - jack cheese Peace & Love !!	
<b>BLACK BEAN AND SALSA WRAP</b>	6.50
Black beans, salsa, rice, cheddar, lettuce served with sour cream on the side !!!	
<b>Straight-across-the-back-yard-WRAP</b>	5.50
A house salad wrapped up in a tortilla and flavored with your choice of dressing !!!!	